

NORDIC KARATE CHAMPIONSHIPS

14 APRIL 2012

KRISTIANSTAD, SWEDEN



BULLETIN

FOR

CADETS, JUNIORS and SENIORS



SWEDEN

Invited nations



DENMARK



NORWAY



ICELAND



FINLAND



ESTONIA



LATVIA



NORDIC KARATE CHAMPIONSHIP

KRISTIANSTAD 14 APRIL 2012 SWEDEN

The Swedish Karate Federation and Centrum Karateklubb Kristianstad welcomes you to Sweden and Kristianstad for the 2012 Nordic Karate Championship.

KRISTIANSTAD

Kristianstad is a town in southern Sweden about 100km east of Malmö and only 1h and 23 min away by train from Kastrup international airport, Denmark. The population in the town is 80.000. The venue Kristianstad Arena is built 2010 and is top modern and can host up to 5.000 spectators.

TRAVELING

The easiest way to reach Kristianstad is to fly to Kastrup in Denmark. Then just take the stairs down and take the train (in Kastrup airport).

The train between Kastrup and Kristianstad takes only 1h and 23 min. When you arrive to Kristianstad's central station the HQ Quality Grand Hotel is only 200 m. from the train station.

TRAIN SCHEDULE

The train Friday 13th April 2012 between Kastrup airport-Kristianstad leaves every hour.
6.06, 7.06, 8.06, 9.06, 10.06, 11.06, 12.06, 13.06, 14.06, 15.06, 16.06, 17.06, 18.06, 19.06, 20.06, 21.06, 22.06, 23.06

The train Sunday 15th April 2012 between Kristianstad-Kastrup airport leaves every hour.
5.30, 6.30, 7.30, 8.30, 9.30, 10.30, 11.30, 12.30, 13.30, 14.30, 15.30, 16.30, 17.30, 18.30, 19.30, 20.30, 21.30, 22.30, 23.30

The train schedule is valid to 10th December 2011. For more info and maybe new time schedule after the Dec. 2011 please look at www.oresundstag.se or phone +46 771 77 77 77

TRAIN TICKET

The train ticket can't be bought on the train. You can buy it true www.oresundstag.se
The cheapest is to buy the tickets in Kastrup airport, Denmark there you buy the tickets 20% off and then the price is if you travel 8 persons or more 312 Skr/ person (both way).

REGISTRATION

Dead line for registration is Monday 2nd April 2012 by e-mail to cent-kk@algonet.se
You send the registration in an excel file and don't forget contact, mail and phone number.

PAYMENT

Dead line for payment is Monday 2nd April 2012

Registration fees are 30 € for each individual competitor and 50 € for each team.

Payment to Sparbanken 1826

IBAN: SE05 8000 0831 3950 3112 9967 **BIC:** SWEDSESS

The payment is to Centrum Karateklubb Kristianstad

REFEREES

Dead line for registration is Monday 2nd April 2012 by e-mail to cent-kk@algonet.se

You send the registration in an excel file and don't forget contact, mail and phone number.

ACCOMMODATION

HQ Quality Grand Hotel Kristianstad, Sweden

V. Storgatan 15, 291 21 Kristianstad, SWEDEN

Phone +46 44 28 48 00

E-mail: q.grand.kristianstad@choice.se

Room rates:

Singel room 600 Skr/ night

Double room 850 Skr/ night

Breakfast, nightclub (from 23 yrs) and local taxes included

RESERVATION CODE "KARATE"

RESERVATION DEADLINE 14th Februari 2012



FARWEL PARTY

The Swedish Karate Federation is the host of the farwel party wich takes place on Saturday the 14th April. The farewell party starts at 21.00 in the HQ Quality Grand Hotel.

There will be first course, main course, dessert and a meal drink inkluded.

The Swedish Karate Federation invites a maximum of 15 persons per Federation without cost.

For more than 15 persons the cost will be 300 Skr per person.

You must reserv the farwel party (15 plc) or/ and pay 300 Skr/ person at latest 2nd April 2012.

DISCIPLINES

Kata

Ind Female and Male, Senior, Junior and Cadets

Team Female and Male (3 competitors)

Kumite

Senior Female –50kg, -55kg, -61kg, -68kg, +68kg

Senior Male –60kg, -67 kg, -75 kg, -84 kg, +84 kg

Junior Female –48kg, -53kg, -59kg, +59kg

Junior Male –55kg, -61kg, -68kg, -76kg +76kg

Cadet Female –47kg, -54kg, +54kg

Cadet Male –52kg, -57kg, -63kg, -70kg, +70kg

Team Female (3+1 competitors)

Team Male (5+2 competitors)

The competition organaizer reserves the right to change the categories with few competitors.

RULES, PROTECTION AND INSURANCE

Rules: WKF rules

Protection: WKF rules

Insurance: All competitors must have a valid personal insurance licence.

VENUE



KRISTIANSTADS ARENA

Västra Storgatan 69, 291 54 Kristianstad

TRANSPORT

Bus will take the competitors, referees and officials from the HQ hotel to venue

Each federation will get bus tickets.

Bus schedule Saturday 14th April 2012

HQ Hotel- Venue: 7.40, 8.00, 8.20, 8.40

Venue- HQ Hotel: 19.00, 19.20, 19.40, 20.00

Important

If the last bus is full you have to walk (10 min) so plan your trip in time.

COMPETITION PROGRAM

Friday 13th April

- 18.00-19.00 Coach meeting HQ Quality Grand Hotel
- 19.00-21.00 Registration and weigh in Kata & Kumite (HQ Hotel)
- 19.00-21.00 Executive committee meeting (HQ Hotel)
- 20.00-21.00 Referee briefing (HQ Hotel)

Saturday 14th April

- 08.00-08.30 Registration and weigh in Kata & Kumite at Venue (Kristianstads Arena)
- 08.45-09.00 Ceremony and line up (all countries and all competitors)

- 09.00- Competiton starts with
 Kata individual Female and Male
 Kata Team Female and male

 Individual Kumite Cadets
 Individual Kumite Juniors
 Individual Kumite Seniors

 Team Kumite Female and Male

 Finals and awards ceremony

- 21.00 Farvel Party in HQ QUALITY GRAND HOTEL

IMPORTANT

If the registration, payment, farwel party or referre registration is later than Monday 2nd April 2012 you can't participate at the Nordic Karate Championship 2012. This is important for us to get all needed registration/information from each country in time.

INFORMATION

For more information please contact Mr Dejan Brajic, Centrum Karateklubb Sweden by e-mail: cent-kk@algonet.se or by phone +46 709 10 30 58

Welcome to Sweden and the Nordic Karate Championships 2012!



Kristianstads
kommun